

Mr David Williams, Chair
Healthwatch Sutton
&
Pete Flavell, Manager
Healthwatch Sutton

By email:
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Dear David and Pete,

Thank you for sharing your recent report on Young People's Mental Health and Wellbeing. I am pleased to see from the report that there has been a multi partner approach to developing and contributing to the report, highlighting the fact that young people's mental health is everyone's business.

After reading the Healthwatch survey, its findings will provide an invaluable source of evidence to inform the council's Outcomes Based Commissioning reviews and future CAMHS commissioning intentions across Sutton. You will already be aware that the commissioning for mental health services is jointly commissioned across the council and Sutton CCG which allows us to ensure young people in Sutton receive a co-ordinated service based on need.

In preparing my response to your report, I asked commissioners across the council and CCG to meet together with our partners at the South West London St George's NHS Trust to consider the report recommendations, the response below reflects these discussions.

Specific recommendations that Healthwatch requested Sutton Council responded to.

1. The findings from this report should be used to inform the emerging plans for delivery of the Trailblazer funding allocated to Sutton (Borough) and to support additional emotional support for young people in Sutton.

The findings from this report will inform all commissioning of CAMHS services including projects funded with Trailblazer funding. The trailblazer project as you know was discussed at the Health and Wellbeing Board on the 4th March 2019.

2. Use these report findings and undertake further analysis of the data to inform the CAMHS recommissioning, specification and process.

Further data analysis has already been completed by our Public Health colleagues. This analysis has allowed us to look in more detail at resident children and young people and particular cohorts eg. carers, children and young people with disabilities and/or learning difficulties. This analysis will be used initially in our contract management with our providers and inform future CAMHS.

3. Investigate the potential for a young people's mental health Commissioning Director position, jointly funded by Sutton Council and Sutton CCG (similar to the adult mental health position already in place).

The Council has recently reviewed its commissioning structure, taking a more integrated approach to how we do things based around the Ambitious for Sutton Plan. This has led the council to create specific Children's Health Commissioning Posts. These posts will continue to work jointly as commissioning staff do currently with CCG Commissioners.

4. Use these findings to influence the commissioning intentions of Sutton Council and Sutton CCG

As per responses to recommendations 1 & 2

5. Develop a Children and Young People's Plan for Sutton.

The council has started, with its partners a process of developing Outcomes Based Commissioning reviews which the findings of the survey and subsequent data analysis will inform. From these reviews we will identify issues that directly relate to Children and Young people in the Borough. These will then feed into future commissioning plans (strategies) which may include a Children and Young People's Plan.

6. Share the report with the LSCB Case Review subgroup to look at reasons behind suicides.

The report will be shared with the LSCB.

7. As most young people would speak to their friends or family if there was something affecting their emotional wellbeing, investigate ways to inform and support friends and family so that they can offer effective help.

As per responses to recommendations 1 & 2.

In addition, details of the various support services available have recently been re-circulated to schools & GPs.

Thank you once again for this important piece of partnership work that Healthwatch have undertaken.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Helen Bailey', written over a horizontal line.

Helen Bailey
Chief Executive