

HEALTHWATCH SUTTON

Company No: 08171224
(A Company Limited by Guarantee and not having a Share Capital)

Charity No: 1151601

FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

MYRUS SMITH
Chartered Accountants
Norman House,
8 Burnell Road,
Sutton, Surrey.
SM1 4BW

HEALTHWATCH SUTTON

Company No: 08171224
(A Company Limited by Guarantee and not having a Share Capital)

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TRUSTEES' REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

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HEALTHWATCH SUTTON
Company No: 08171224
Charity No: 1151601

TRUSTEES' REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022

The Board of Directors/Trustees presents its report and financial statements for the year ended 31 March 2023.

Reference and Administrative Information

Charity No.	1151601
Company No.	08171224
Registered Office and Principal address:	Granfers Community Centre 73-79 Oakhill Road, Sutton Surrey SM1 3AA

Board of Directors/Trustees who served during the year and up to the date of this report:

Chairperson:	Barbara McIntosh
Vice Chairperson:	Janet Wingrove
Vice Chairperson:	David Elliman

Director and Trustee:	Adrian Attard
Director and Trustee:	Adrian Bonner
Director and Trustee:	David Elliman
Director and Trustee:	Barbara McIntosh
Director and Trustee:	Noor Sumun
Director and Trustee:	Launa Watson
Director and Trustee:	Janet Wingrove
Director and Trustee:	Shiraz Sethna

Staff Team:	Pete Flavell – Chief Executive Officer Peace Kayode – Health Engagement Projects Officer Colin Wilson – Communications, Engagement and Projects Officer Alyssa Chase-Vilchez – Executive Officer Lorraine Davis – Team Administrator
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Bankers:	Barclays Bank PLC 43 High Street Sutton Surrey SM1 1DR
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Independent Examiner:	Stephen Jones c/o Myrus Smith Chartered Accountants Norman House 8 Burnell Road Sutton Surrey SM1 4BW
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HEALTHWATCH SUTTON
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

1. Structure, governance and management

Healthwatch Sutton (HWS) is the consumer champion for health and social care in Sutton. HWS was incorporated on the 7th August 2012 and achieved charitable status on 11th April 2013 it is therefore both a Company limited by Guarantee (08171224) and a registered Charity (1151601).

HWS is governed by a Board of Directors/Trustees who meet bi-monthly to oversee the strategic direction and development of the organisation. There has been no change in the Trustees during this reporting period. The members of HWS are local voluntary organisations and individual residents who have an interest in health and social care and support the work of HWS.

During this reporting period, the Board of HWS worked in partnership 2 voluntary sector organisations, through sub-contracting arrangements, to deliver the work of HWS.

The HWS partner organisations are:

- Community Action Sutton that provides support by directly employing Healthwatch Sutton staff, providing payroll and financial services, HR support, and advice and guidance on the delivery of the Healthwatch service.
- Together for Sutton (a partnership of voluntary and community sector organisations delivering the Making Informed Choices contract for the London Borough of Sutton) who provide our Healthwatch information and signposting service.

Recruitment and Appointment of new Trustees

Trustees are recruited and co-opted on to the Board of Healthwatch Sutton during the course of the year to meet the requirements of the organisation. At the Annual General Meeting the membership vote as to decide if they should be elected to the board.

2. Financial Review

HWS's core source of income to deliver the organisation's statutory duties comes from the London Borough of Sutton and in 2022/23, £89,979 was received to deliver these activities of the organisation. This amount precludes the delivery of the statutory Healthwatch information and signposting service that is delivered under a separate part of the Making Informed Choices contract (as part of the Together for Sutton partnership's information and advice offering).

Additional funding has been given to the value of £40,968 by South West London (SWL) Integrated Care Board (ICB) to support GP practice's Patient Participation Groups in the London Borough of Sutton, and the Patient Reference Group that has representative from the PPGs across the Borough. This funding also provides support for Primary Care Network public engagement and other public engagement projects.

From 5 July 2022, Healthwatch started a new contract to provide representation for six Healthwatch organisations within South West London at SWL ICB. The contract is for 2 years with a 1-year potential extension. The annual value of the contract is £110,000. To deliver this contract an Executive Officer has been employed and a member of support staff is being recruited.

HWS received £5000 from Sutton Council to cover the costs of monitoring care home visits carried out by our volunteers and £1884 from South West London and St Georges Mental Health NHS Trust to cover patient engagement with users of Sutton Community Mental Health services.

There were no significant one-off costs were incurred during the year.

3. Public Benefit Statement

HWS Trustees have complied with their duty to have due regard to the guidance on public benefit published by the Commission in exercising their powers or duties. The activities delivered during 2022/23 have been entirely in accordance with the charitable objectives.

HEALTHWATCH SUTTON
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023
/contd...

4. Objectives and Activities

4.1 The Objects of the Charity are:

1. the advancement of health and the relief of those in need, including by:
 - (i) providing information and advice to the general public about local health and social care services; and
 - (ii) making the views and experiences of members of the general public known to health and social care providers;
2. the advancement of citizenship and community development, including ensuring local people have a voice in the development, delivery and equality of access to local health and care services and facilities;
3. the advancement of education, including the provision of training and the development of skills for volunteers and the wider community in understanding, reviewing and monitoring local health and care services and facilities;
4. any other exclusively charitable purposes as the Trustees see fit; in particular (but not exclusively) in Sutton and neighbouring areas of South London.
5. This provision may be amended by special resolution but only with the prior written consent of the Commission.

4.2 Activities

HWS gives people a chance to have their say and help to improve local health and social care services. It does this through the following activities:

- Giving people information, advice and support about local health and social care services.
- Actively finding out what people think about health and social care services.
- Having voting rights on the local Health and Wellbeing Board and making recommendations on how health and social care services should be run.
- Sharing information and ideas with other local Healthwatch groups, Healthwatch England and the Care Quality Commission.

5. Achievements and Performance

The main achievements during 2022/23 were as follows.

5.1 Quality of care in care homes

Following the successful pilot of our own care home assessment system, we were approached by Sutton Council to see if we could support their Quality Assurance system to assess the quality of care being delivered by care home providers in the Borough.

The system they were proposing to use is slightly different to the one that we had used. It is based on the '15 steps' methodology that was originally used on hospital wards. It mainly focuses on observations when visiting a service but does allow for discussion with residents and staff.

We are very pleased that this work is only possible with support of our outstanding volunteers. Pilot visits were carried out in 2022 and the full programme of visits is now being carried out. Volunteers collect evidence, meet after the visit to score the care home against different criteria and then upload the scores, evidence, comments and other data on to an online portal.

Sutton Council adds this data to their own and creates a report. This is used to make improvements and shared with the Care Quality Commission. Sutton has approximately 75 care homes in the borough and more than half of these are smaller homes for people with learning disabilities. We currently visiting one care home every month. We are continually working with Sutton Council to improve the system and we feel this is a great example of collaborative working. We provide the independent assessment, and this system avoids duplication of work.

HEALTHWATCH SUTTON
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023
/contd...

5.2 Primary school mental health

Examining the impact of the pandemic on the mental wellbeing of children aged 9-11.

We started looking at the mental wellbeing of primary school children in 2019. After consulting with teachers and other professionals, we launched a survey to be completed in classes at local primary schools using tablet computers. This ran from December 2019 to March 2020, when the Covid-19 pandemic hit and children were sent home from school. At this point ten schools had taken part and 909 survey responses had been collected. We waited for an appropriate time to restart collecting responses, but the ongoing disruption made this impossible, so we published our report in March 2021.

We reconvened our project group with key stakeholders who work with children of this age to develop some recommendations from the findings. Teachers and others felt that the pandemic had made a significant impact on the mental wellbeing of the children. As such the only recommendation made was to repeat the survey in order to be able to compare pupils' mental wellbeing before and after the pandemic.

Schools started repeating the survey in December 2022 and the last responses were collected in March 2023. In total 1,035 responses were collected from ten schools. We are finalising individual reports which will be given to each school, and are also working on the analysis of the borough-wide data in order to be able to publish a pre/post Covid-19 pandemic comparison report in summer 2023.

5.3 Supporting patients at GP practices.

All practices now have a Patient Participation Group or PPG, where patients, carers and staff meet to discuss and support how the practice is run. In Sutton some PPG members attend the borough-wide Patient Reference Group, which meets regularly with local NHS staff. Healthwatch staff support and administer the PRG, and support local PPGs.

Patient Participation Groups

- PPGs had a successful and productive year, with 16 groups meeting with their practice to give their perspective on its plans and services.
- PPG members brought issues raised at these meetings to the Patient Reference Group, including hospital transport and digital exclusion.
- Some PPGs have also undertaken their own projects. For example, to help address loneliness, James O'Riordan Medical Centre invited 20 patients over 80 living alone to visit the Centre on a Saturday. The PPG, vicar, doctor, nurse and other members of the practice were all present to discuss the issue.

Patient Reference Group

- The PRG has held six meetings in the last year. They transitioned from Zoom meetings to hybrid meetings at the Salvation Army Hall.
- The group have shared ideas and experiences with, and responded to presentations from, staff from across NHS Sutton and beyond.
- These have covered areas including:
 - GP Extended Access Service, which saw 4000 patients in December 2022
 - Results from the National Patient Survey
 - Addressing loneliness and digital exclusion
 - The work of Sutton Primary Care Networks, such as home visits and additional clinical roles, including paramedics, social prescribers and first-contact physiotherapists
 - The new Integrated Neighbourhood Teams, made up of representatives from the local authority, NHS and voluntary and community sector in each of Sutton's four Primary Care Networks
- The group also held a workshop and survey to work out how it could have the most impact. Members felt the group was highly effective in allowing information to be shared between the NHS and patients but did not have much impact on decisions about NHS services. Members identified 10 areas of focus to be developed in the coming year.

HEALTHWATCH SUTTON
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023
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5.4 Dentistry

Problems accessing NHS dentistry became an issue during the Covid pandemic, and have continued since. In January to March we surveyed 98 local people about their experiences. We liaised with Sutton Council, the Local Dentistry Committee, SW London CCG and local voluntary sector organisations to deliver this project.

What we found

- All respondents who tried to register with a dentist after March 2020 told us that they were unable to register because they contacted surgeries but they were not accepting NHS patients.
- Almost 1 in 5 respondents who were registered with a dentist told us that they wanted to register as an NHS patient but they could only be registered as a private patient.
- There has been a significant decline in the number of people who were able to register as an NHS patient when they wanted to after the pandemic started.
- More than 1 in 4 respondents who had attempted to book a routine appointment had to wait 1 month or more for an appointment.
- 13 percent of respondents who had attempted to book an emergency appointment were unable to get an appointment.

What action we took:

- We organised meetings with Local Dental Committee Directors (for each borough), NHS England, LDC Confederation, local Healthwatch leads and the SWL Integrated Care System lead for commissioning dentistry to discuss potential action.
- Some issues need to be addressed at a national level. We made Healthwatch England aware of our findings, and they have taken these issues forward with MPs. This has led to some improvements, for example, in the Find a Dentist facility on the NHS website.

5.5 Long Covid

In February 2023, the government reported that around 2 million people in the UK – that's about 1 person in 34 – said that they were experiencing symptoms of Long Covid. Between September 2021 to March 2022 we spoke to 79 local people about Long Covid, including NHS staff and members of a patients' self-help group. Later in 2022 we published our findings in a report. 3004 people took part. The survey was carried out between September and December 2020.

What we found:

- Over a third of those who had symptoms for over a year still hadn't been given a diagnosis.
- Older respondents were less likely to have been diagnosed with Covid-19 when they were originally ill, less likely to have been given a diagnosis of Long Covid and less likely to have accessed treatment.
- Long Covid is having a very significant impact on people's ability to work, on their finances, relationships, social lives, and mental health.
- Many people had found it difficult to access support.
- The majority of people who accessed treatment found it beneficial. Different people found different treatment components helpful.
- Respondents expressed considerable concern for the future.

What we recommended:

- Increased awareness of Long Covid among the general public, employers and people working in health and social care.
- Better access to peer support.
- For the Integrated Post Covid Assessment Service to continue offering a range of different types of support, including support for emotional and psychological as well as physical symptoms as this is clearly valued by their patients.

HEALTHWATCH SUTTON
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023
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5.6 The impact of the cost of living on health

The inflation rate for food and non-alcoholic drinks was in double figures for all of the second half of 2022. Energy prices rose throughout 2022 and rose further in spring 2023 as government support ended. We wanted to know what effect the rising cost of living was having on people's physical and mental health, so in August we surveyed 108 people attending a local event, Carshalton Eco Fair.

What people told us

- 41 percent of people told they were cutting back on heating. 31 percent told us they were spending less on food.
- 33 percent of people told us they were experiencing stress about bills.
- 24 percent of people said that they go out with friends less than they used to – we know that support from friends and family is important to mental health.

What we did

- We published our survey findings and continued to raise awareness of the issue. In December, Steve Triner from Citizens Advice Sutton spoke at our AGM about health and cost of living issues, and we published his talk as a briefing. In January we publicised government research about the impact of the cost of living on mental health.
- We worked with other local organisations through Together for Sutton networking events and at the Community Action Sutton Race Equality Conference to highlight these issues.

5.7 Our Volunteers

We're supported by a team of amazing volunteers who are the heart of Healthwatch Sutton. Thanks to their efforts in the community, we're able to understand what is working and what needs improving in NHS and social care.

This year our volunteers:

- Visited local care homes to help them improve.
- Helped promote Healthwatch Sutton and what we have to offer.
- Acted as trustees to provide strategic management for our organisation, and to represent us on a wide range of local bodies.
- Helped with office tasks such as preparing mailings.

Next year, we're planning to expand our use of volunteers:

- To promote Healthwatch in community venues
- To ensure that we hear from excluded communities.

5.8 Work Across South West London

Changes in health and care

Healthwatch Sutton plays an important role in making sure that people's concerns shape our health and care services. In the past, most of these decisions about our local services were made in Sutton.

Now many of these decisions are being made by a new body called the Integrated Care System (ICS). The ICS brings together NHS, voluntary sector and local authority leaders to make health and care decisions that impact people in Sutton, Croydon, Wandsworth, Kingston, Richmond, and Merton. These changes means that we need to work differently to ensure that your voice continues to make a difference.

Coordinating Healthwatch representation

The six boroughs covered by the ICS each has a Healthwatch, and they are working together to provide representation in the new structure. Healthwatch Sutton has employed an Executive Officer who liaises between all these organisations to ensure patients' voices are heard.

HEALTHWATCH SUTTON
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023
/contd...

Alyssa Chase-Vilchez began work in this role in November 2022. Alyssa attends many ICS meetings where important decisions are being made that impact people's lives, to ensure that the voices of local communities are heard. South West London ICS has already taken account of over a hundred local Heathwatch reports as it develops its plans.

5.9 Advice and Information

If you feel lost and don't know where to turn, Healthwatch and our partner organisations are here for you. In times of worry or stress, we can provide confidential support and free information to help you understand your options and get the help you need. Whether it's finding an NHS dentist, how to make a complaint or choosing a good care home for a loved one – you can count on us.

This year our partner organisations helped people by:

- Providing up to date information people can trust
- Helping people access the services they need
- Supporting people to use the NHS complaints procedure to get the health and care they need

Providing information and advice

Citizens Advice Sutton works with us to provide information and advice to local people about health and care services, including issues involving health benefits. This year they dealt with 383 enquiries

The most common topic was accessing community care services for both adults and children. Other issues that stood out were queries about dentists, and about accessing counselling or talking therapies. Citizens Advice have noticed a marked decrease in the number of clients contacting them regarding complaints about the NHS, especially in the last few months.

Supporting people making complaints

Advocacy for All supports people in Sutton making formal complaints about NHS services. In 2022-23 they opened 49 new cases

The three areas of care about which they received most complaints were:

1. Quality of secondary care – 11 complaints
2. Mental health services – 8 complaints
3. Maternity services – 5 complaints

73 percent of complainants were women. Of those who disclosed their ethnicity, just under two-thirds were white and British. Complainants were quite evenly distributed in terms of age.

5.10 Our priorities for 2023-24

We're currently developing our plan of work for next year. Key topics include:

1. Access to GP services
2. Maternity and women's health
3. Lifestyle behaviours such as smoking and drinking
4. Risky behaviours in young people
5. Home and domiciliary care
6. Care after hospital discharge
7. Homelessness
8. Mental wellbeing of learning disabled children and young people

Approved by the Board of Trustees on 1 November 2023 and signed on its behalf by:

Barbara McIntosh
Trustee

Independent Examiner's Report to the Trustees of:

HEALTHWATCH SUTTON

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023, which are set out on pages 9 to 13.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

S.A. Jones FCA
% Myrus Smith
Chartered Accountants
Norman House
8 Burnell Road
Sutton, Surrey
SM1 4BW

1 November 2023

HEALTHWATCH SUTTON
STATEMENT OF FINANCIAL ACTIVITIES
(Incorporating Income and Expenditure Account)
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2022 £
INCOME			
Donations		244	467
Incoming resources from charitable activities	2	288,021	169,288
		<u>288,265</u>	<u>169,755</u>
EXPENDITURE			
Charitable activities	3	235,612	178,605
		<u>235,612</u>	<u>178,605</u>
NET MOVEMENT IN FUNDS		52,653	(8,850)
Reconciliation of Funds			
Fund balances brought forward	8	41,063	49,913
Fund balances carried forward	8	<u>£93,716</u>	<u>£41,063</u>

All funds are unrestricted.

All income and expenditure is derived from continuing activities.

**HEALTHWATCH SUTTON
(Company No: 08171224)**

BALANCE SHEET

AS AT 31 MARCH 2023

		Notes	
		2023	2022
		£	£
CURRENT ASSETS			
Debtors	6	317	204
Cash at Bank		99,257	51,194
		<u>99,574</u>	<u>51,398</u>
CREDITORS:			
Amounts falling due within one year	7	5,858	10,335
NET ASSETS		<u>£93,716</u>	<u>£41,063</u>
FUNDS			
Unrestricted funds	8	<u>£93,716</u>	<u>£41,063</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit for loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These Financial Statements have been prepared in accordance with the Special Provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Board of Trustees on 1 November 2023 and signed on its behalf by:

.....
Barbara McIntosh

Trustee

The notes form part of these Financial Statements.

HEALTHWATCH SUTTON
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

a) Basis of preparation and assessment of going concern

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The Charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

The significant accounting policies have been consistently applied to all years presented unless otherwise stated.

b) Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are those funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for specific purposes.

c) Company Status

The charity is a company limited by guarantee and is registered in England and Wales. The members of the company are the trustees. In the event of the charity being wound-up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the Reference and Administrative Information on page 1.

d) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Income from contracts which are related to performance is recognised as the charity earns the right to consideration by its performance.

e) Resources Expended

All expenditure is accounted for on an accruals basis.

Charitable activities comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include independent examination fees and costs linked to the strategic management of the charity.

f) Pension Costs

The charity operates a defined contribution pension scheme for the benefit of its employees. The cost of contributions are charged to the Statement of Financial Activities in the year they are payable.

HEALTHWATCH SUTTON

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

/contd...

1. ACCOUNTING POLICIES (cont'd)

g) Leases

Operating lease rentals are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

h) Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and which are receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

2. INCOME FROM CHARITABLE ACTIVITIES	2023 £	2022 £
Contracts		
London Borough of Sutton	94,979	109,962
NHS Sutton Clinical Commissioning Group	40,968	40,968
NHS South West London Integrated Care Board	82,500	-
NHS Core 20 Plus Funding	52,690	-
Other organisations	16,884	18,358
	<u>£288,021</u>	<u>£169,288</u>

All of the £169,288 recognised in 2022 related to unrestricted funds.

3. CHARITABLE ACTIVITIES	Direct costs £	Grant funding of activities £	Support costs £	TOTAL 2023 £	TOTAL 2022 £
Staff and volunteers costs	121,402	-	-	121,402	128,357
Subcontractors	-	82,459	-	82,459	20,000
Property costs	-	-	6,388	6,388	6,028
General running costs	-	-	7,740	7,740	8,287
Management costs	-	-	5,200	5,200	5,200
ICT costs	-	-	4,709	4,709	2,980
Finance costs	-	-	2,600	2,600	2,600
Other support costs	-	-	3,680	3,680	3,727
Governance costs (note 4)	-	-	1,434	1,434	1,426
	<u>121,402</u>	<u>£82,459</u>	<u>£31,751</u>	<u>£235,612</u>	<u>£178,605</u>

All of the £178,605 expenditure recognised in 2022 related to unrestricted funds.

All of the above costs relate to the sole activity of the Charity which is to offer people a chance to have their say and help improve local health and social care services.

HEALTHWATCH SUTTON
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

/cont'd....

4. GOVERNANCE COSTS	2023	2022
	£	£
Independent Examiner's fees	1,434	1,362
Board Meetings and AGM	-	51
Other costs	-	13
	<u>£1,434</u>	<u>£1,426</u>
	<u><u>£1,434</u></u>	<u><u>£1,426</u></u>
5. STAFF COSTS	2023	2022
	£	£
Wages and salaries	105,135	109,833
Social Security costs	10,684	11,006
Pension costs	3,765	5,536
Other direct costs	1,818	1,982
	<u>£121,402</u>	<u>£128,357</u>
	<u><u>£121,402</u></u>	<u><u>£128,357</u></u>
	No:	No:
Average number of employees based on full-time equivalents and on employee numbers	<u>6</u>	<u>3</u>

No employee received remuneration amounting to more than £60,000 in either period.

Total employee benefits received by key management amounted to £55,600 (2022 : £54,380).

Under FRS 102, employee benefits include gross salary, benefits in kind, employer's national insurance and employer's pension costs.

6. DEBTORS	2023	2022		
Other debtors and prepayments	<u>£317</u>	<u>£204</u>		
	<u><u>£317</u></u>	<u><u>£204</u></u>		
7. CREDITORS: Amounts falling due within one year	2023	2022		
Other creditors and accruals	<u>£5,858</u>	<u>£10,335</u>		
	<u><u>£5,858</u></u>	<u><u>£10,335</u></u>		
8. STATEMENT OF FUNDS	At	Incoming	Resources	At
	31 March	Resources	Expended	31 March
	2022	£	£	2023
	£	£	£	£
Unrestricted funds				
General funds	<u>£41,063</u>	<u>£288,265</u>	<u>£(235,612)</u>	<u>£93,716</u>
	<u><u>£41,063</u></u>	<u><u>£288,265</u></u>	<u><u>£(235,612)</u></u>	<u><u>£93,716</u></u>

The General Fund represents the free resources of the charity which are not designated for particular purposes.

9. RELATED PARTIES

During the year, 0 trustees (2022: 0) were reimbursed for expenses (2022: £Nil).

The trustees received no remuneration in either year.